



SOUND
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Transgender Information Session for Parents

It's not easy to watch your child wrestle with their identity. Often they show signs of anxiety or depression or even self-harm as they explore who they are and who they want to be.

What happens to your relationship with them? How can you support them, especially when you are trying to get your head around what is going on?

Most especially, what about your needs, when the focus is so often on meeting the needs of your child as they go through transition?

This information session recognizes that parents go through an incredible amount of stress (and distress) when their child takes on a new gender. The session will provide information about transgender – you can ask the brutal or the silly questions without fear. Participants will be invited to register their interest in possible support groups to run in 2019.

What: Transgender Information Session for Parents

When: Tuesday 13th November, 2018 from 5:15 to 6:30pm

Why: To provide information for parents of people going through transgender journeys.

Where: Sound Psychology Ballarat, Level 2, 3 Peel Street South, Ballarat

Cost: There is no charge for this information session

Who: Facilitated by Remi Briody and Madeline Fernbach, Clinical Psychologists

How: Register your interest on ph. 5384 5163 or hello@soundpsych.com.au